



International Satisfaction Association

## “Health and Clinical Therapy”

### Training Module Objectives

#### For the company:

- Assimilate new developments in neuroscience on the importance of stress, emotions and relationships in relation to the environment, society and family.
- Enhance professional practices by developing environmental awareness of the statistical and neuro-scientific realities of social, family and bodily stress.
- Develop therapeutic practices by incorporating new, scientifically-acknowledged psychotherapeutic techniques.
- Assimilate a new psychopathology of stress from electrical nervous tension.
- Support teams in developing their moral and emotional intelligence.

#### For participants:

- Enhance know-how and social skills in the management of stress, emotions and relationships.
- Learn new therapeutic techniques: amygdala desensitization of the amygdala, post-traumatic stress disorder management, group therapy, digestion of the emotional brain by alternative bilateral movements, techniques to escape freezing, cognitive-behavioral therapy relating to mistaken beliefs and toxic schemas...
- Develop emotional intelligence and a sense of moral values.

### Teaching Method

The teaching method is based both on theoretical input and practical exercises.

The emphasis is placed on know-how and social skills with the aim of a professional application for the trainees.

### Participants

**Target audience:** all health and clinical therapy professionals.

**Number of participants:** groups of 1 to 12.

### Duration

**Basic module:** 2 days (basic tools and principles).

**Complete module:** 9 days (includes specialization, intensive practice, role-playing, case studies...).

### Location and Teaching Materials

**Location:** at your premises or an off-site location in the city of your choice.

**Materials:** room with white board, eraser, marker pens, camera, TV (provided by us or by you).

### Cost

**Teaching fees & expenses:** price on request.

**Please contact us for a detailed solution tailored to your needs.**

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