



International Satisfaction Association

“Social – Education - Assistance”

Training Module Objectives

For the company:

- Assimilate new psych- educational knowledge on the effects on our brains of stress, emotions and relationships.
- Develop stress, emotion and relationship management professional practices in assisting people in need, both adults and children.
- Enhance practices for assisting those in need through an environmental awareness of the statistical and neuro-scientific realities of social, family and bodily stress.
- Assimilate a new psychopathology of stress and of nervous energy arising from bodily electrical tension in the autonomous nervous system.
- Support teams in developing their emotional intelligence and sense of moral values.
- Prevent crises and stress and reduce psychosocial risk.

For participants:

- Enhance know-how and social skills in the management of stress, emotions and relationships.
- Better manage relational commitment, emotional attachment and moral values in professional practices.
- Better manage difficult situations and characters (healthy or psychopathologically toxic individuals).

Teaching Method

The teaching method is based both on theoretical input and practical exercises.

The emphasis is placed on know-how and social skills with the aim of a professional application for the trainees.

The tools passed on to the trainees are drawn from management, clinical therapy, psychopathology and interpersonal communication techniques.

Participants

Target audience: all professionals assisting people in need (social, education, justice, health...).

Number of participants: groups of 1 to 12.

Duration

Basic module: 2 days (basic tools and principles).

Complete module: 6 days (includes intensive practice, role-playing, case studies...).

Location and Teaching Materials

Location: at your premises or an off-site location in the city of your choice.

Materials: room with white board, eraser, marker pens, camera, TV (provided by us or by you).

Cost

Teaching fees & expenses: price on request.

Please contact us for a detailed solution tailored to your needs.

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